



Care Crew
HYGIENE HELPERS

**BRIDGE
OF
BASICS**

HYGIENE KIT

WHAT GOES IN A HYGIENE KIT?

Personal Care Items Needed In Each Kit



Deodorant



Body Wash OR
Bar of Soap



Shampoo



Conditioner



Comb



Toothpaste



Toothbrush

place one of each item in
a resealable plastic bag



“Extra” Items to Include (as your budget allows)



Lotion



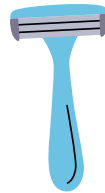
Body Wipes



Dental
Floss



Lip Balm



Razor



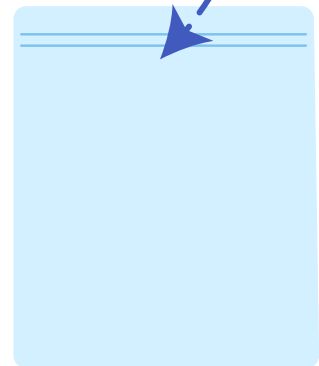
Menstrual
Pads



Laundry
Detergent
(sheets)

Please Note

- All items must be new
- Items should be personal size (approx 1- 3 oz)
- Do not include personal notes



DROP OFF INSTRUCTIONS

Drop off and additional instructions will be provided when you confirm your kit building activity with us.

QUESTIONS?

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bridgetobasics.org