



care crew
HYGIENE HELPERS

BRIDGE
OF
BASICS

FAMILY CARE BAG

WHAT GOES IN A FAMILY CARE BAG?

Hygiene Products & Quantities for Each Care Bag



2

Deodorants



1

bottle of
Body Wash



2

Bars of
Soap



1

bottle of
Shampoo



1

bottle of
Conditioner



1

Toothpaste



4

Toothbrushes



1

Lotion



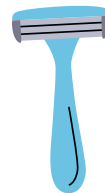
1

Shaving
Cream
Lotion



4+

rolls of
toilet paper

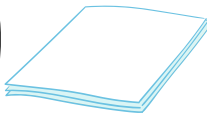


2

Razors



1 package
of
Menstrual
Pads



Laundry
Detergent
(liquid or sheets)

place items in a paper
grocery bag



Please Note

- All items must be new
- Items should be full or family size
- Do not include personal notes

DROP OFF INSTRUCTIONS

Drop off and additional instructions will be provided when you confirm your care bag building activity with us.

QUESTIONS?

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bridgetobasics.org